

# *The Essence of Buddhism*



## **Rangjung Yeshe Gomde Study group Amsterdam**

[www.gomde.nl](http://www.gomde.nl)

Please register as places are limited.

[info@gomde.nl](mailto:info@gomde.nl) or  
**0621881118**

Entrance: a minimum donation of  
5,- euro



*Thursday*

24 November 2011  
starts 20.00 o'clock

English spoken

*Lecture by*

**Lama Tenzin Sangpo**

*Venue*

'De Lange Adem'  
Ruyschstraat 295  
1091DX

Lama Tenzin was born in the area of Tingri in Tibet in the year 1967. In 1976, after his escape from Tibet, he received ordination from Chokyi Nyima Rinpoche and completed his traditional monastic education within the Ka-Nying Shedrub Ling monastery in Boudhanath, Kathmandu.

He is one of the most respected lamas of the monastery, is extremely versed in the various buddhist philosophies, and is an expert in terms of tantra and the practise of mediation.



Lama Tenzin serves as chant leader at major Buddhist ceremonies and teaches at meditation seminars all over the world.

He joyfully shares his rich knowledge of Buddhist views and practices with all who wish to experience the Buddha Dharma

For further info:  
0621881118 or see  
[www.gomde.nl](http://www.gomde.nl)